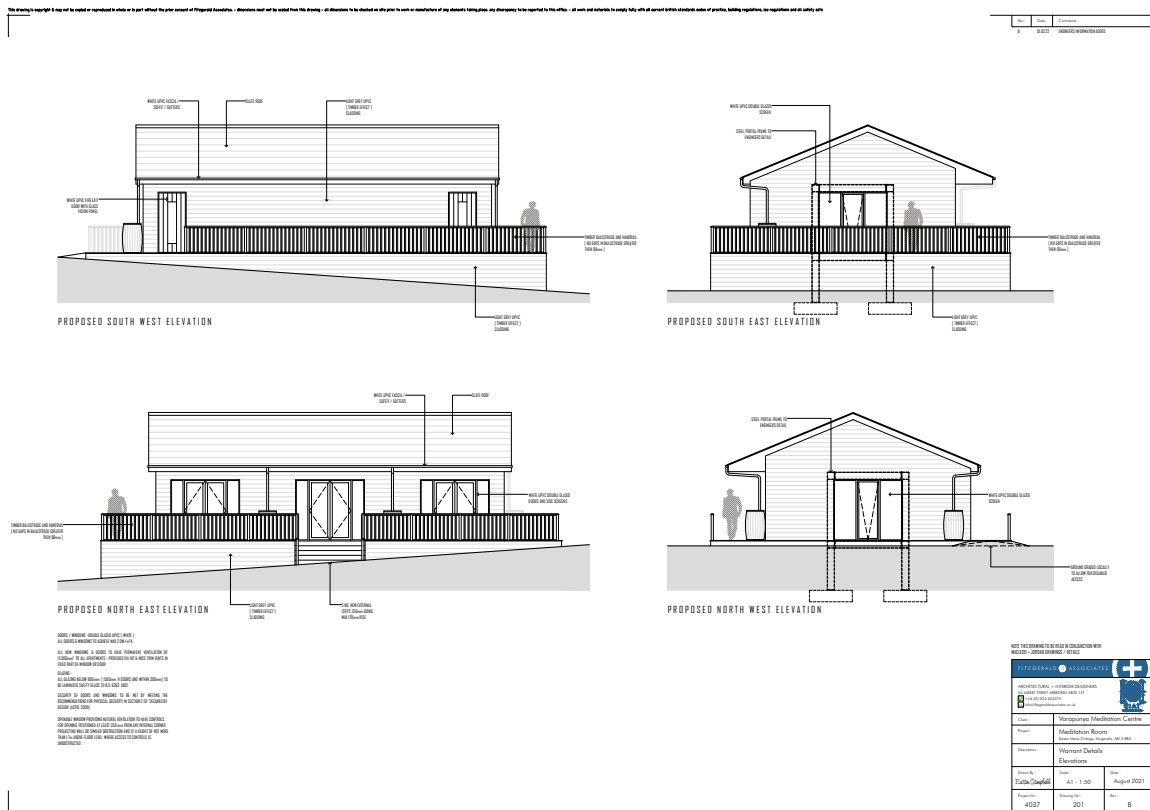


UPOSOTHA MEDITATION HALL PROJECT

At Varapunya Meditation Centre, Aberdeen, Scotland

On behalf of the Varapunya Meditation Centre Aberdeen, the Abbot and other Trustees would like to invite you all to be part of this 'Uposatha Meditation Hall Project' at the Centre in Aberdeen. We humbly request you to consider your generous financial donation towards this cause. While these are challenging times for everyone, your support, no matter how great or small, will be important.



1. Background of the project

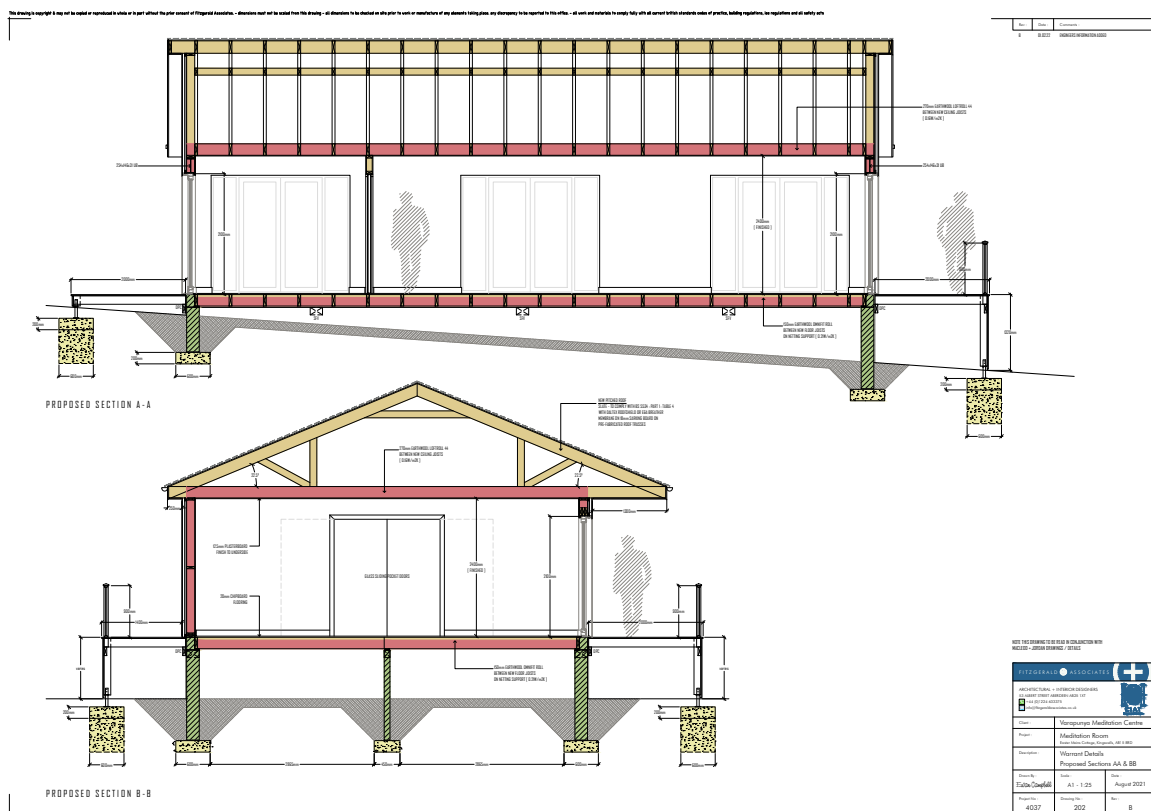


The Varapunya Meditation Centre in Aberdeen was established in late 2012, and officially moved to the current location, near Westhill, Aberdeenshire, in summer 2016. At the current location, we have a cottage, stables, and a barn and 5 acres of land. In the cottage, two rooms upstairs, which are used for monks' residence and two rooms downstairs that are being used as a shrine room and a living room. The Centre offers Buddhism & meditation sessions in various places in the city, at the Centre and online.

In order to provide more space for larger spiritual & community events, short/long courses and retreat facilities, the Abbot and other trustees decided some time ago to explore the construction of a larger shrine room and spiritual space. Another aim was to free up more space in the Cottage for accommodation for visiting monks, nuns and retreatants. Of all the options available, the decision for its location became focused on the field opposite the cottage. Since then we have worked with architects, surveyors and engineers to produce a proposal that would be flexible for our various needs. This is the design displayed in the shrine room, although there have been some modifications since.

2. When would we provisionally like to start construction on-site?

All consents were received at the end of September. The building warrant lasts for three years plus the option of a six-month extension. So we would expect to start construction on site not later than April 2025. This allows for construction work plus some extra time if we need it for any delays. If we do not complete by September 2025 we must ask for an extension. If our funds permit an earlier start, that too would be possible. The Trustees believe that, with a big fundraising effort by everyone over the next two years, within our community, locally, nationally & internationally, **WE CAN DO IT!**



The Trustees have agreed the design for planning & building warrant consent. Both approvals have now been received. Professional fees noted below have already been sponsored/paid for.

3. What is the total cost?

- Professional Fees e.g. architects, engineers, planning & building warrant etc. - **£15,000**
- Construction cost e.g. foundations & building etc.* - **£154,310**
- Services e.g. electricity supply etc. - **£10,000**
- Solar energy added provision - **£10,000**
- Contingency @5% of total e.g. for inflation & unexpected items - **£10,000**
- **Total *Estimated* Cost** **£198,310**

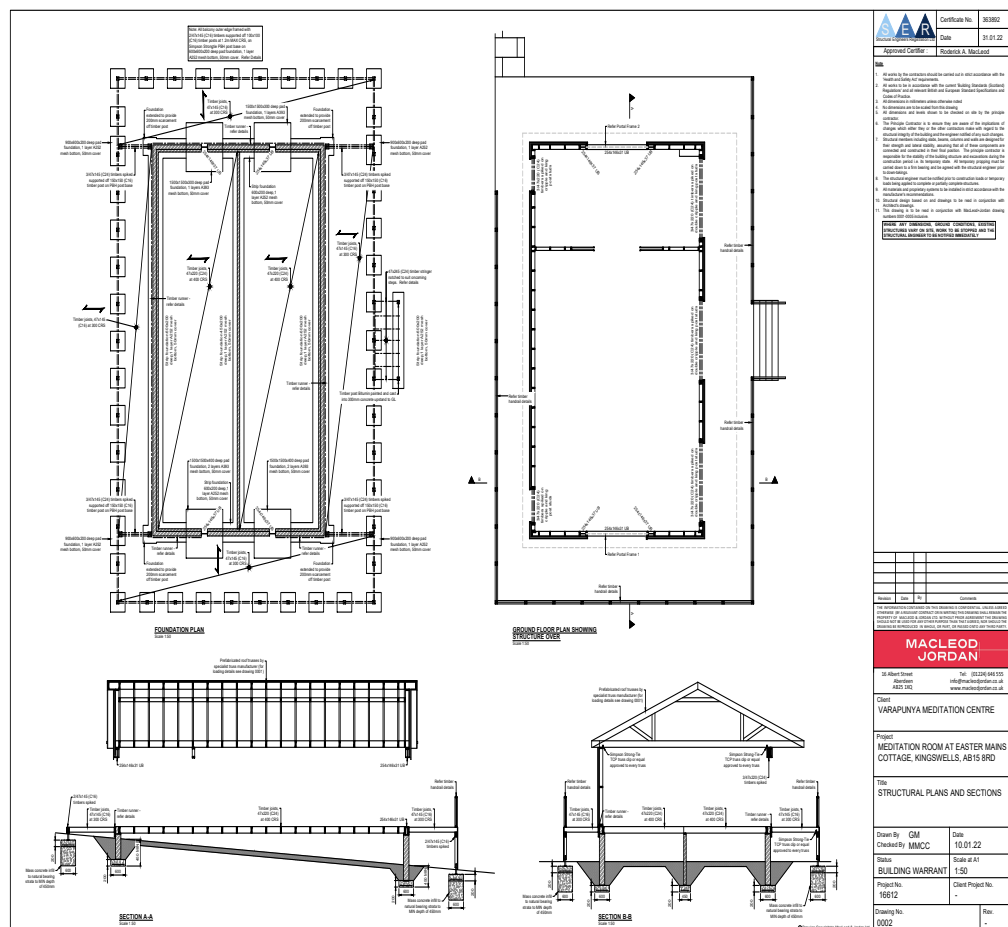
We will not know the final cost until we invite tender bids from building companies. Internal fittings such as blinds/curtains, rugs/carpets, wall hangings etc. are not included. The item marked *will, we believe, be VAT exempt & so is stated excl. VAT.

4. How this project will be funded?

1. Making some external grant application to potential funders.
2. Finding sponsors for items (as listed below) and
3. Generous public donation

5. Approach to Sponsorship/Support over the next 2 years

All figures are 'indicative' based on budget estimates from architect's drawings and provided by a professional quantity surveyor. Figures have been rounded up or down to arrive at simple rounded numbers. Items or parts of items may be sponsored in whatever amount by an individual, family group or wider 'fundraising group' with personal contributions or by organising fundraising events. Whatever method or event(s) is/are used to fundraise, by individuals or groups, these should be consistent with our ethical beliefs and values.



Items Price

a) SUBSTRUCTURE/BUILDING FOUNDATIONS £20,000

b) ROOF & RELATED FITTINGS

a) Roof Support (Trusses etc.) £4,000

b) Roof tiles (incl. membrane etc.) £9,000

c) External Fixtures & Fittings (Gutters etc.) £5,000

c) EXTERNAL WALLS (incl. cladding, gables & above ceiling) £25,000

d) GROUND FLOOR SUBSTRUCTURE £9,000

e) EXTERNAL DOORS

a) 2 Single leaf double glazed doors: *each* £1,250

b) 3 Double leaf double glazed doors with side screens: *each* £2,250

c) 2 Windows with toughened glass: *each* £400

d) 4 Screens with toughened glass: *each* £350

f) INTERNAL WALL WITH PARTITION DOOR

a) Dividing wall & internal 'pocket door' set: £1,200

b) Double leaf internal glazed door: £1,500

g) INTERNAL FINISHES

a) Uni-click flooring & skirting: £5,250

b) Ceiling finishes: £2,695

c) 2 Loft hatches & ladders: £750

h) DECORATION: £2,500

i) HEATING AND VENTILATION incl. electric panel radiators, wiring etc: £9,000

[RELATED PRELIMINARY/PREPARATORY WORKS AND CONTINGENCIES] : £13,000

j) VERANDA/DECKING/STEPS:

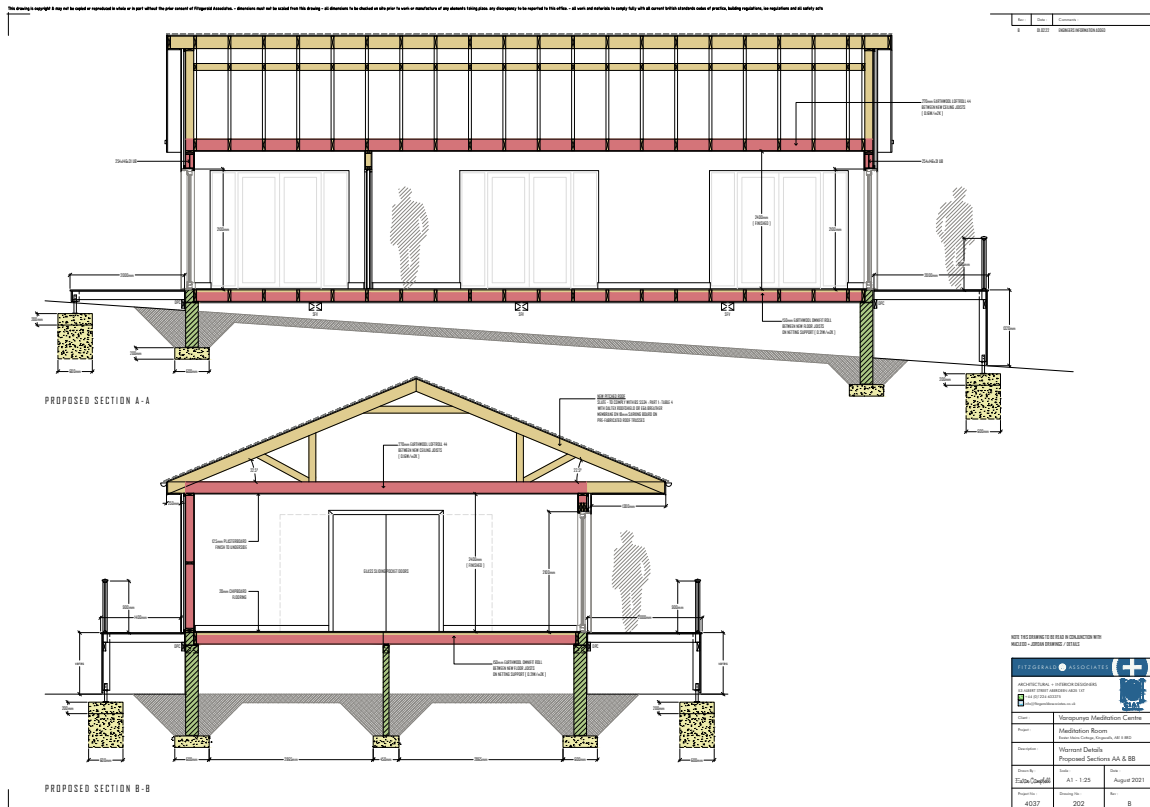
a) Excavation & concrete: £ 4200

b) Posts, post bases & timber, fixtures etc: £8,000

c) Decking, balustrades, steps & finishing: £20,000

k) UNDERGROUND CABLE 'TRACK' TO COTTAGE FOR SERVICES: £3,000

[RELATED PRELIMINARY/PREPARATORY WORKS & CONTINGENCIES]: £4,700



6. How to sponsor the project ?

1. Inform your intension to sponsor item to the centre,
 - A. Ajahn Sujana: 07446545545 or varapunya@gmail.com
 - B. Any trustee members or staffs.
2. Generous donation via ebanking: HSBC,
Varapunya Meditation Centre
Sort Code: 40-01-25 Account No: 8139-2948
IBAN: GB42HBUK40012581392948 /
Branch Identifier code: HBUKGB4115T
3. Send your donation to the centre.
Varapunya Meditation Centre,
Easter Mains Cottage, Kinmundry, Aberdeen, AB15 8RB

committee and members

1. Patrons (Venerable monks)

- I. Phra Rajawithetpanyakhun (Dr. Laow), The Abbot of Wat Mahathat UK, Staffs. UK
 - II. Phrakhru Paladboonchuay Punyavanto, The Abbot of Wat Pahbhuridatta, Pathum, Thailand
 - III. Phramaha Vichian Jinawongso, The Abbot of Wat Wanghin, Phitsanulok, Thailand
7. Patrons (Lay supporters): Mrs Kanha Clayton
8. Head of the project (venerable monks)
Phra Sujan Sujano (Ajahn Sujan), The abbot of Varapunya Meditation Centre, Aberdeen, Scotland
9. Assistance
1. Phramaha Phatsphong Mahawatthano, Wat Paknam Bhasicharoen, BKK
 2. Phrakhrupalad Mahapeera Panyagamo, Wat Mahathat UK, Staffs.
10. Head of the project (Lay supporters)
1. Rudee Barker
 2. David Briggs
 3. Varuni Jayasingha
11. Committee members
- | | |
|---------------------|-------------------------|
| 1. Nigel Corby | 5. Kannipha Udomsil |
| 2. Irosh Peiris | 6. Vilena Briggs |
| 3. Aurathai Collins | 7. Phonthip Waters |
| 4. Pranee Macdonald | 8. Natchanicha Somhwang |

9. Chutima Barclay

10. Waraphon Stephanidis

11. Oranuch Fettes

12. Awika Khenkhom

13. Phensri Taylor

14. Tanya Lawrance

15. Hathaikan Horrocks

16. Somsri Morris

May the protective power of Triple Gem bring you long life, good complexion, happiness, strength and wisdom. May all your moral wishes be fulfilled, enjoy harmony and prosperous life.

www.varapunyacentre.com.